



25th
POKAL
JEŽEK

INVITATION

to international Youth swimming meeting

XXV. pokal JEŽEK

10th and 11th of March 2012
at swimming pool Tivoli,
Ljubljana

PLAVALNI KLUB LJUBLJANA,
Hajdrihova 21/A, 1000 Ljubljana, SLOVENIJA

We are kindly inviting you to XXV. swimming meeting Pokal Ježek, organized by the Swimming Club Ljubljana. The competition will be held on Saturday, 10th and Sunday, 11th March 2012, at indoor swimming pool Tivoli in Ljubljana.

The competition is traditional and is aimed at younger girls and boys. It is primarily a leisure nature meeting of the youngest swimmers at the end of the winter season.

Slightly unorthodox competition is designed to promote swimming to the public and young swimmers alike. Let this be an opportunity for socializing and getting to know each other.

REGULATION

Event: XXV. Pokal Ježek
Organizer: Swimming club Ljubljana
Date: Saturday 10th and
Sunday 11th of March 2012
Location: Indoor [swimming pool CK
Tivoli, Celovška 25,
Ljubljana](#)
25m, 8 lanes
Race start: Saturday 14.30
Sunday 09.30
Warm up: Saturday 13.30 boys
14.00 girls
Sunday 08.30 boys
09.00 girls
Timing: electronic – PZS Timing

Categories:

A – boys 2001
B – boys 2002
C – boys 2003 and younger
D – girls 2001
E – girls 2002
F – girls 2003 and younger

Competition programme and schedule:

Category B and E **Saturday 10/03/2012:**
50m breaststroke, 50m backstroke
50m butterfly, 50m freestyle

4 x 25m medley relay freestyle
(2 boys and 2 girls)

Category A and D **Saturday 10/03/2012:**
100m breaststroke, 100m backstroke
100m medley, 100m freestyle

Category C and F **Sunday 11/03/2012:**
25m breaststroke, 25m backstroke
25m butterfly, 25m freestyle

4 x 25m medley relay freestyle
(2 boys and 2 girls)

Every competitor in categories B, C, E and F can swim all four styles, whether it is 4×50m or 4×25m depending on his/her age. Competitors who are disqualified can still compete in other events, however in the overall placement are automatically behind those with all valid results.

The overall winner in the categories B, C, E and F is competitor with the fastest time computed from times achieved in individual events. The overall winner in category A and D is competitor with the highest sum of three best FINA points (one of those three is score of 100m medley). The winning team is determined by the sum of the results of the two 4x25m relay. Each team can enter only two relays for part of the competition.

Top three competitors in each event in each category will be awarded with medals. The first three teams will receive trophies.

The entry fee is € 16,00 for each competitor in categories B, C, E and F, and € 5,00 for every competitors start in categories A and D. Payment must be made before the beginning of competition in cash.

The heats in categories B, C, E and F will be ranged according to the times reported for each competitor, for category B and E in 50m freestyle, for category C and F in 25m freestyle. The fastest heat is the last. The heats are the same for each style. The heats in categories A and D will be ranged according to the times reported for each competitor.

Deadline for the registration is Tuesday, 6th of March, 2012 latest.

Address for applications:

**Plavalni klub Ljubljana
Hajdrihova 21a
1000 Ljubljana
Slovenija**

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For all further information please contact our secretary Mr. Aleš Gregor from Monday to Friday between 10:00 and 13:00 on the phone +386 41 743218.

**We would be pleased to welcome You to our
International Swimming Meeting.**